

YOUR CHILD'S DEVELOPMENT

FOUR MONTHS

At four to six months of age, your infant will most likely have reached the milestones listed here. **Remember, every baby develops on their own unique schedule.** Some will be more active than others and some more verbal than others. Trust your gut, and please don't hesitate to discuss any concerns you may have with your doctor.

DAILY ACTIVITY AND MOVEMENT

- Become more active and playful
- Reach for objects more frequently
- Seem to study objects more carefully while holding them
- Begin to put everything in their mouth—watch what is around!
- Pass the time contently playing with fingers and hands
- Begin to sleep longer through the night
- Accept milk or food with joy
- Laugh and giggle more
- Enjoy the attention of other people

MOTOR SKILLS AND MOVEMENT

- Begin to roll over
- Lift up the head and chest more frequently and for longer periods when on the tummy
- Support their head when being held in a sitting position
- Sit contently for longer periods with your support
- Enjoy kicking and waving arms and legs

VISION

- Now focus more clearly on objects farther away
- Enjoy making eye contact
- Seem interested when looking at a reflection in a mirror

HEARING

- Direct their attention toward a human voice with more focus
- Enjoy being spoken to, rewarding you with smiles and happy sounds

