

SCOOP ON POOP CALENDAR

Click to download Dr. Dina's Guide to Managing Childhood Constipation

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 Push out easily Often Optimal consistency Painless 	 Push out easily Often Optimal consistency Painless 	 Push out easily Often Optimal consistency Painless 	 Push out easily Often Optimal consistency Painless 	 Push out easily Often Optimal consistency Painless 	 Push out easily Often Optimal consistency Painless 	 Push out easily Often Optimal consistency Painless
Rx given: Dose:						
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Rx given: Dose:						

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